



Teeth straightening

Invisalign

General Information

Invisalign is a clear aligner system designed to straighten teeth without the need for traditional metal braces. It uses a series of custom-made, clear plastic aligners to gradually move your teeth into their desired positions. They are a popular choice for both teens and adults who want a discreet way to improve their smile.

The aligners are removable, so you can take them out when eating, drinking, brushing, and flossing. This flexibility makes Invisalign a convenient option for those with active lifestyles.

Candidates for invisalign

- Patients with crooked teeth, gappy teeth, buck teeth, over bite, underbite or crossbite.
- Patients committed to wearing their aligners as instructed (22 hours per day).
- Patients who are motivated to improve their smile and overall dental health.
- Patients who have good oral hygiene and are free from active dental issues such as gum disease or severe cavities.

What to expect

Initial Consultation

3D scans of your teeth, photos and a jaw x-ray to create a personalized treatment plan.

Clincheck

Shows you a digital preview of how your teeth will gradually shift and what your smile will look like at the end of treatment.

Custom Aligners

You will receive a program of aligners and each set will be worn for about 1 week before moving on to the next in the series. Tooth coloured attachments may be placed on the teeth to give more grip in some cases.

Regular Check-Ups

Approximately every 4 weeks to ensure that your treatment is progressing as planned.

Wearing Aligners

22 hours a day. The only time you should remove them is when eating, drinking, or cleaning your teeth.

Discomfort

Initially, you may feel slight discomfort or pressure as your teeth begin to shift. This is normal and should subside after a few days. Any discomfort can usually be managed with over-the-counter pain relievers.

What to Expect After Treatment

After treatment, you may be prescribed a removable and/or permanent retainer to help prevent your teeth from shifting back to their original positions. Wearing your retainer as directed is crucial for long-term success.

Remember: the best results come from following your treatment plan closely. Stay on track with your aligner schedule, attend your regular check-ups, and wear your retainer post-treatment to ensure long-lasting results.

If you have any queries don't hesitate to contact us:

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